

SYLLABUS

OF

MASTER OF OPTOMETRY & OPHTHALMIC TECHNOLOGY – MOOT

VERSION 1.2

DIRECTORATE OF DISTANCE EDUCATION

Shobha Nagar, Jaipur-Delhi Highway (NH-11C), Jaipur- 303121 Rajasthan, India

MASTER OF OPTOMETRY & OPHTHALMIC TECHNOLOGY – MOOT

Eligibility : BOOT/BPT/BOT

Programme Duration : 2 Years

Programme Objectives : The scope of Optometry includes the detection of

common eye diseases, the management of binocular vision problems such as squints and lazy eyes and the prescription of spectacles and contact lenses. The Masters degree in Optometry is a programme that aims to produce professionally competent optometrists serving as primary eye care health practitioners. NIMS University is one of the few premium institutions in India that offers a Masters

degree in Optometry and Ophthalmic Technology.

Job Prospects : After the completion of BOOT, you will find challenging

career opportunities with Optician shops, eye doctors, and Contact Lens companies, Ophthalmic lens industry and hospital eye departments. A technician can work for eye testing, Contact lenses, squint exercises, etc. You can start your own eye clinic, Optical shop, lens manufacturing unit. You can also get job opportunities with Optician shops and hospitals in India and abroad. Additionally, you can take up teaching Optometry as a career with schools of Optometry. Common job profiles of students after completing BOOT include: Optometry and Ophthalmic Heads, Technicians, Ophthalmic Head Nurses and

Academic positions.

YEAR I

Course Code	Course Title	Theory/ Practical	Continuous Assessment (Internals)	Credits
OPH16101	Ocular Anatomy & Physiology	70	30	4
OPH16102	Nature of Light	70	30	4
OPH16103	Optics of Normal Eye	70	30	4
OPH16104	Eye Diseases-I	70	30	4
OPH16105	Spectacle & Lenses	70	30	4
OPH16106	Eye Disease-II	70	30	4
OPH16107	Ophthalmic Instrument & Investigations	70	30	4
OPH16102P	Nature of Light	35	15	1
OPH16103P	Optics of Normal Eye	35	15	1
OPH16104P	Eye Diseases	35	15	1
OPH16105P	Spectacle & Lenses	35	15	1
			Total	32

YEAR II

Course Code	Course Title	Theory/ Practical	Continuous Assessment (Internals)	Credits
OPH16201	Contact Lenses-LVA and Visual Functions Assessment	70	30	4
OPH16202	Intraocular Implants & Refractive Surgery	70	30	4
OPH16203	Orthoptics & Pleoptics	70	30	4
OPH16204	Eye Disease –III	70	30	4
OPH16205	Neuro Ophthalmology	70	30	4
OPH16206	Eye & Systemic Diseases	70	30	4
OPH16207	Preventive & Community Ophthalmology	70	30	4
OPH16201P	Contact Lenses-LVA and Visual Functions Assessment	35	15	1
OPH16202P	Intraocular Implants & Refractive Surgery	35	15	1
OPH16206P	Eye & Systemic Diseases	35	15	1
DSR16201	Dissertation	200		1
			Total	32

DETAILED SYLLABUS

INSTRUCTIONAL METHOD: Personal contact programmes, Lectures (virtual and in-person), Assignments, Labs and Discussions, Learning projects, Industrial Training Programmes and Dissertation.

YEAR I

OCULAR ANATOMY & PHYSIOLOGY- OPH16101

UNIT	CONTENTS
	Gross Anatomy And Embryology Of Eye: Introduction
1	Gross Anatomy of Eyeball and Orbit- General Anatomy of the Eyeball and Orbit General Shape of the Eyeball Layers of the Eyeball General Concepts of the Structures within the Eyeball Embryology of Eyeball-
	Specific Embryological Stages of Eyeball Embryology of Specific Ocular Structures
	Growth and Development of Eye. Anatomy Of The Outer Coat Of The Eyeball: Introduction
2	Anatomy Of The Outer Coat Of The Eyeball- Anatomy of Conjunctiva Coat of Eyeball
	Anatomy of Cornea Anatomy of Sclera
	Anatomy Of The Middle Coat of The Eyeball: Introduction,
3	Anatomy of Uveal Tract- Anatomy of Iris Anatomy of Ciliary Body Anatomy of Choroid
	Anatomy of Anterior and Posterior Chambers
4	Anatomy Of Lens: Introduction Anatomy of Lens
	Anatomy Of The Inner Coat Of The Eyeball And Anatomy Of Vitreous: Introduction
5	Anatomy of Retina and its Special Regions- Anatomy of Retina Special Regions of the Retina
	Anatomy of Vitreous.
6	Anatomy Of Optic Nerve And The Visual Pathway: Introduction Parts of Visual Pathways Optic Nerve

	Optic Chiasma
	Optic Tract
	Lateral Geniculate Nucleus
	Optic Radiation
	Visual Cortex
	Arrangement of Fibres in Visual Pathway
7	Anatomy Of Lids And Lacrimal System: Introduction
,	Description of Eye Lids and Lacrimal System
	Eyelids, Lacrimal Apparatus And Tear Film Dynamics: Introduction
	Structure and Functions of the Eyelids-
	Functions of the Eyelids
	Physiology of Eyelid Movements
	Blinking and Peering
	Functions of the Lacrimal Apparatus-
8	Tear Secretion
0	Control of Tear Production
	Tear Drainage
	Tear Film Dynamics-
	Functions of Tear Film
	Physical Properties of Tear Film
	Tear Dynamics
	Tear Film Dysfunction
	Treatment of Dry Eye
	Aqueous Humour And Intra Ocular Pressure: Introduction
	Structure and Functions of Aqueous Humour-
	Formation of Aqueous Humour
	Aqueous Movement and Outflow
	Aqueous Composition
0	Physio-chemical Properties of Aqueous
9	
	Intra-ocular Pressure-
	Diurnal Variation of intra-ocular Pressure
	Measurement of Intra-ocular Pressure
	Increase in Intra-ocular Pressure
	Lowering Intra-ocular Pressure
	Factors Affecting intra-ocular pressure
	Pupil And Pupillary Reflexes: Introduction
	Pupillary Reflexes
	Pupil-
	Appearance of the Pupi1
	Accommodation
10	Neuronal Pathways
	Pupillary Defects-
	Marcus Gunn Pupil (RAPD)
	Argyll Robertson Pupil (ARP)
	Adie's (Tonic) Pupil
	Homer's Pupil
	Iris Coloboma
11	Muscles and Movements of the Eye:
11	Muscles and Movements of the Lye;

	Extra-ocular Muscles-
	Recti and Oblique Muscles
	Planes of Muscles
	Intra-ocular Muscles
	Uni-ocular Movements
	Discoular Manager
	Binocular Movements-
	Laws Governing Ocular Movements
	Abnormalities of Gaze-
	Latent Squint (Anisophoria or Heterophoria)
	Manifest Squint (Heterotropia)
	Pseudosquint (Pseudo-false)
	Vision: Light Sense, Night Vision And Colour Vision: Introduction
	Vision: Light Sense, Night Vision And Colour Vision: Introduction
	Visual Impulse and Perception-
	Initiation of Visual Impulse
	Transmission of Visual Sensation
	Analysis of Visual Perception
	That you of Visual Leveption
	Colour Vision-
12	Young's Trichromatic Theory
	Details of Colour Vision,
	Defective Colour Vision
	Light Sense-
	Adaptation
	Dark Adaptation
	Contrast Sense
	Visual Pathway, Fields And Visual Cortex: Introduction
	Retina, Optic Nerve, Optic Chiasma, Optic Tract, Lateral Geniculate Body, Optic
	Radiations
	W 10 A
13	Visual Cortex-
	Physiological Aspects
	Visual Fields-
	Perimetry
	Methods of Visual Field Examination
	Visual Acuity, Uni-Ocular And Binocular Vision:
	Measurement of Visual Acuity-
	Test Types Snellen's and Landolt's
	- Transmitted and - manual
	Binocular Vision-
14	Advantages of Binocular Vision
	Retinal Correspondence
	Horopter (Horizon of Vision)
	Pannum's Area
	Tests for Binocular Single Vision
	Accommodation And Convergence: Introduction
15	Accommodation-
	Mechanisms Theories of Accommodation
	Theories of Accommodation
I	

	Convergence
16	Electro-Physiology Of The Eye: Introduction Electro-retinogram Visual Evolved Response Electro-oculogram

ADDITIONAL READINGS:

- A. Ocular Anatomy and Physiology-By Al Lens, Comt Comt, Sheila Coyne Nemeth, Janice K. Ledford-Slack incorporated
- B. Ophth Assistant Vol-V (Community Ophth) Dr. L.P. Agarwal

NATURE OF LIGHT- OPH16102

UNIT	CONTENTS
1	Current concept of Light: Origin of light Travel of light Arrival of light
2	Visible Light: Visible light origin Visible light sensing Visible light receptor and ocular media Light sensitivity The receptor as light guide, Transparency of Diopteric Media
3	Physical Optics: Intraocular scattering Diffraction effects Polarization phenomenon Eye colors The Doppler shift
4	Light damage to Eye: Ultraviolet light, Biochemical mechanism of light damage, Clinical example of ocular light damage, Light protectors

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. The Nature of light-Eugen Cornelius Joseph von Lommel-D. Appleton and Co., 1876

OPTICS OF NORMAL EYE- OPH16103

UNIT	CONTENTS
1	Individual optical elements of eye: Normal eye Abnormal eye Dundas eye Reduced eye
2	Visual Acuity Testing: For Distance- Snellen's test Keeler Elliot test Kay Picture test Ffooks Symbols For Near- Jaeger test Reduced Snellen's test Visual acuity testing in children Preferential looking test Tellers acuity card test E-Test Landolt Chart test STY-CAR test HOTV test Photostress test Pinhole examination
3	Contrast Sensitivity Functions: Modulation transfer function Retina Brain image processing
4	Radioscopy: Theory of Radioscopy Practice of Retinoscopy Subjective verification of reflexes

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. Optics of The Human Eyes By David A. Atchison, David A. Atchison George Smith-BH

EYE DISEASE-I- OPH16104

UNIT	CONTENTS
1	Disease of Lid: Disease of Lid
2	Disease of Conjunctiva: Inflammation, Trauma, Degeneration, Tumors
3	Disease of Lacrimal apparatus: Congenital, Inflammation of lacrimal sac, Tumors of lacrimal sac

4	Disease of Cornea Keratitis and Corneal ulcer, Corneal degeneration, Keratoconus
5	Sclera Inflammation, Scleritis, Episcleritis

ADDITIONAL READINGS:

- A. The Eye Book: Eyes and Eye Problems Explained By Ian Grierson
- B. Differential diagnosis of eye diseases-Hans Pau-W. B. Saunders Co., 1978

SPECTACLES & LENSES- OPH16105

UNIT	CONTENTS
1.	Lens-material: Lens Material
2.	Types of Spectacle Lenses: Spherical lens Cylindrical lens Concave lens Convex lens Plano-concave lenses Plano-convex lenses Miscellaneous
3.	Fresnel Lenses & Prisms
4.	Prism correction
5.	Absorptive Lenses
6.	Safety Lenses
7.	Frames
8.	Dissatisfied Patients
9.	Spectacle & Lens in children for Near Vision- Bifocal lens types, Progressive lens or multifocal lens
10.	Aberration of lens
11.	Magnifying lens
12.	Single transposition
13.	Toric transposition

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

- A. Spectacle Lenses: Theory and Practice By Colin Fowler, Colin Fowler Keziah Latham Petre
- B. Lenses, spectacles, eyeglasses, and contacts: The story of vision aids-Alberta Kelley

EYE DISEASE-II- OPH16106

UNIT	CONTENTS		
	Uvea: Etiopathogenesis Clinical features		
1	Routine investigation Types of uveitis		
	Vascular and circulating disturbances Degeneration, Congenital abnormalities		
2	Lens: Aetiopathogeneisis of cataract, Symptoms of cataract, Age related or Senile cataract, Cataract associated with ocular disease, Cataract associated with systemic disease, Cataract due to other causes Development of cataract Management of cataract Complication of cataract surgery, Secondary cataract		
3	Retina: Examination of Fundus Vascular retinopathies Inflammation of retina Degeneration of retina, Detachment of retina		

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. The Eye Book: Eyes and Eye Problems Explained By Ian Grierson

B. Textbook of Ophthalmology by H V Nema

OPHTHALMIC INSTRUMENT & INVESTIGATIONS- OPH16107

UNIT	CONTENTS
	Corneal Measurement: Measuring the corneal surface, Measuring corneal thickness
	The specular microscope
1	Retinoscope - Plane mirror, Preistly Smity, Streak
	Automated objective refractometer
	The lensometer
2	Ophthalmoscope:
	Indirect ophthalmoscope
	Direct ophthalmoscope
	Funds camera
	Magnify device
3	Investigations:
	Gonioscopy, Tonometry, Ultrasound biomicroscopy
	Ancillary investigations
	Fluorescein Angiography
	Indocyanine Green Angiography

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	Ultrasonography
	Computerized Axial Tomography-CAT-
	Magnetic Resonance Imaging-MRI
	Electrophysiological Response
	Electrooculogram
	Electroretinogram
	Visual evoked potential
	Binocular vision & stereo acuity
	Electromyography
	Electronystagmography
	Colour Vision-
	Theory of color vision
	Disorder of color vision
	Testing of color vision
	Ophthalmic Instruments:
	Synoptophore
4	Adaptation & Adaptometry
	Ocular Photography
	Pachymetry

ADDITIONAL READINGS:

A. Textbook of Ophthalmology by H V Nema

B. Moorfields Manual of Ophthalmology By Timothy L. Jackson

NATURE OF LIGHT – OPH16102P

UNIT	CONTENTS
1	Visible light
2	Physical optics
3	Light damage to eye
4	Light protectors

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. The Nature of light-Eugen Cornelius Joseph von Lommel-D. Appleton and Co., 1876

OPTICS OF NORMAL EYE – OPH16103P

UNIT	CONTENTS
1	Normal eye
2	Abnormal eye
3	Visual acuity testing
4	Visual acuity testing in children
5	Contrast sensitivity functions
6	Retinoscopy

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

- A. Clinical Visual Optics By Arthur George Bennett, Arthur G. Bennett Ronald B. Rabbetts-BH
- B. Optics by M. H. (Michael Harold) Freeman, C. C. Hull, Ph.D., W. N. Charman-Elsevier Health Sciences

EYE DISEASE-I – OPH16104P

UNIT	CONTENTS
1	Diseases of Lid
2	Diseases of conjunctive
3	Diseases of lacrimal apparatus
4	Diseases of Cornea

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. Ocular Disease: Mechanisms and Management E-Book: Mechanisms and Management By Leonard A Levin, Daniel M. Albert

SPECTACLES & LENSES – OPH16105P

UNIT	CONTENTS
1	Lens Material
2	Types of Spectacles
3	Fresnel lenses
4	Aberration of lenses
5	Magnify lens
6	Single transposition
7	Uvea
8	Lens
9	Retina

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. Optics by Ajoy Ghatak, Tata McGraw-Hill Education (2012)

YEAR II

CONTACT LENS-LVA AND VISUAL FUNCTIONS ASSESSMENT-OPH16201

UNIT	CONTENTS
1	Introduction, History, Lens types, Optics of contact lenses
2	Eye examination procedure in contact lens
3	Lens care
4	Material used for contact lens
5	Type of contact lens
6	Fitting of contact lens
7	Extended wear contact lens
8	Bandage contact lens
9	Visual acuity MARC maximum angle of resolution
10	Field of vision - Confrontation test, Perimetry, Kinetic Perimetry, Static perimeter, Automated perimeter, Dark adaptator & contrast sensitivity

ADDITIONAL READINGS:

- A. http://www.centreforsight.net/content/148 54/Contact-Lens-and-Low-Vision-Aids.html
- B. Ophthalmic Lenses & Dispensing By Mo Jalie

INTRAOCULAR IMPLANT & REFRACTORY SURGERIES-OPH16202

UNIT	CONTENTS
	Optics of Intraocular implants: Introduction
	Optical effects of intraocular implants
	Calculating implant power
1	Types of implants
1	Material used for implants
	Implant decentering
	Implant tilt & Astigmatism
	Implants for Presbyopia, Bifocal IOL, Multifocal IOL, Foldable IOL
2	Optics of Corneal Refractive Surgery:
	Corneal radius and index
	Optical zone size
	Corneal refractive surgery procedures i.e. Radial Keratotomy PRK, LASIK, IV. LASEK,
	Optical results of refractory surgery
	Surgical correction of Astigmatism
	Corneal Incision in Myopia and hypermetropia, Surgical correction of presbyopia

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. Ocular Anatomy and Physiology-Al Lens, Comt Comt, Sheila Coyne Nemeth, Janice K. Ledford-Slack Incorporated

ORTHOPTICS & PLEOPTICS- OPH16203

UNIT	CONTENTS
1	Motor apparatus of eye: Anatomy of ocular muscles Actions of extra ocular muscles Nervous control of ocular movement
2	Binocular Vision: Versions, Grading of binocular vision
3	Fixation: Fixation

4	Convergence & Accommodation
5	Strabismus Comitant Strabismus Comitant vs incomitant strabismus Etiology of comitant strabismus Symptom of comitant strabismus Investigation General principal of management of strabismus Latent squint (strabismus) (Hetrophoria) Maddox Rod Maddox Wing Heterotopia or manifest strabismus A.V. pattern Misotropia Treatment Incomitant strabismus Paralytic strabismums Aetiology Investigations-Diptopia charting Types of ocular muscle paralysis Restrictive strabismums, Synkineses, Synaptophore

ADDITIONAL READINGS:

A. Clinical Orthoptics By Fiona J. Rowe-Wiley Blackwell

EYE DISEASES-III- OPH16204

UNIT	CONTENTS
1	Glaucoma: Introduction Primary adult glaucoma Intraocular prism changes in glaucoma Field changes in glaucoma Secondary glaucoma-optic nerve based drugs Secondary glaucoma Pediatric glaucoma Treatment of glaucoma
2	Eye Injury: Chemical injury Concessional injury Concessional injury Penetrating injury Sympathetic Ophthalmitis
3	Disease of Optic Nerve: Papilledema, Disturbances of circulation, Optic neuritis, Optic atrophy
4	Intraocular Tumors: Tumors of uveal tract, Tumors of retina

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. The Eye Book: Eyes and Eye Problems Explained By Ian Grierson

NEURO OPHTHALMOLOGY- OPH16205

UNIT	CONTENTS
1	Visual pathways (Normal): Neurological disorder, Hemicrania, Lesions of various level of visual pathway, Optic nerve, Optic tract, Optic Chiasma, Nuclear lesion, Cortical lesion
2	Ocular motor system & Neurological disorder Extraocular muscle paralysis, Nystagmus
3	Vascular Disorder Intracranial Aneurysms, AV fistula, Sub Arachnoid Haemorrhage, Ischemic syndrome, Cerebral Haemorrhage & thrombosis
4	Cortical Blindness
5	Migraine
6	Infections: Meningitis, Encephalitis, Syphilitic infection
7	Degenerating Disease Multiple sclerosis
8	Intracranial tumors
9	Head injury & ocular manifestations

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

A. Neuro-Ophthalmology: The Practical Guide By Leonard A. Levin

EYE & SYSTEMIC DISEASE- OPH16206

UNIT	CONTENTS
1	Immunopathological reaction: Acute anaphylactic reaction ,Dependent eye, Immune complex types, Cell mediated, Stimulating
2	Ocular changes in various disorders: Haematological Anaemia, Hypertension, Infection, Malaria, Meningitis, Encephatitis, Endocrine, Graves disease, Metabolic disease, Muscle disorder, Myasthesia gravis, Muscular dystrophy, Inherited disorder, Retinitis Pigmentosa, Down syndrome, Sting Weber Syndrome, Albinism, Marfan's syndrome, Van Hippal, Lindens Disease
3	Diabetes & Eye-Diabetic changes: Diabetes & Eye-Diabetic changes
4	Various Retinopathies: Hypertensive retinopathy, Occlusive retinopathies, Retinopathy of prematurity

ADDITIONAL READINGS:

- A. Handbook of Pediatric Eye And Systemic Disease By Kenneth Weston Wright-Springer
- B. The eye and systemic disease by Frederick A. Mausolf, Illustrated Publisher Mosby, 1975

PREVENTIVE & COMMUNITY OPHTHALMOLOGY- OPH16207

UNIT	CONTENTS
1	Blindness: Definition, Causes, Aetiology, Control of blindness
2	Eye care types: Primary eye care, Secondary eye care, Tertiary eye care
3	Mobile eye services
4	Specific cause of blindness and approach to prevention of Blindness: Cataract, Glaucoma, Diabetic retinopathy, Childhood blindness, Nutritional Blindness, Trachoma, Onchocerciasis, Macular disorder
5	Eye Bank, Corneal preservation, Lid surgery, Corneal surgery, Cataract surgery, Glaucoma surgery, Detachment surgery, Lacrimal apparatus Surgery, Squint surgery
6	Ocular anaesthesia: Anaesthesia in eye- Topical anaesthesia, Blocks, Facial blocks, Retro bulbar blocks, Peri bulbar blocks

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

- A. Community Ophthalmology-P.J. Graham
- B. Textbook of Ophthalmology by H V Nema

<u>CONTACT LENS-LVA AND VISUAL FUNCTIONS ASSESSMENT – OPH16201P</u>

UNIT	CONTENTS
1	Lens Type
2	Optics of contact lenses visual acuity
3	Field of vision

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

INTRAOCULAR IMPLANT & REFRACTORY SURGERY-OPH16202P

UNIT	CONTENTS
1	Optics of intraocular implants
2	Optics of refractive surgeries
3	Optics results of refractory surgery

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

- A. Cataract and Refractive Surgery By Thomas Kohnen, Douglas D. Koch, Springer
- B. Refractive Surgery By Helen K. Wu, Thieme

EYE & SYSTEMIC DISEASE – OPH16206P

UNIT	CONTENTS
1	Immune pathological reaction
2	Diabetes & eye
3	Various retinopathies

LEARNING SOURCE: Self Learning Materials

ADDITIONAL READINGS:

- A. Handbook of Pediatric Eye and Systemic Disease edited by Kenneth Weston Wright, Peter H. Spiegel, Lisa S. Thompson, Springer
- B. The eye and systemic disease by Frederick A. Mausolf, Illustrated Publisher Mosby, 1975